

Reformer Pilates

STARTS 9th FEBRUARY

TIMETABLE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
VIRTUAL	6:00am	Reformer Pilates 60min (Virtual)						
	7:00am		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	8:00am	Induction 30min	Reformer Pilates 60min (Virtual)					
	9:00am	Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	10:00am	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)			Reformer Pilates 60min (Virtual)
	11:00am		Reformer Pilates 60min (Virtual)					
	12:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Induction 30min	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	1:00pm	Reformer Pilates 60min (Virtual)						
	2:00pm	Reformer Pilates 60min (Virtual)						
	3:00pm	Reformer Pilates 60min (Virtual)						
	4:00pm	Reformer Pilates 60min (Virtual)						
	5:00pm	Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)		
	6:00pm	Reformer Pilates 60min (Virtual)	Induction 30min	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	7:00pm	Reformer Pilates 60min (Virtual)						
8:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)				
IN-PERSON	7:15am	Reformer Pilates 45min (Vanessa)		Reformer Pilates 45min (Bethany)				
	9:00am		Reformer Pilates 45min (Nadine)		Reformer Pilates 45min (Nadine)			
	10:00am					Reformer Pilates 45min (Belle)	Reformer Pilates 45min (Brett)	
	11:15am	Reformer Pilates 45min (Vanessa)						
	5:15pm		Reformer Pilates 45min (Robynne)		Reformer Pilates 45min (Belle)			