

# Reformer Pilates

## TIMETABLE

**STARTS 28th APRIL**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>VIRTUAL</b>	6:00am	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	7:00am		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	8:00am	8:15am Induction 30min	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	9:00am	Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	
	10:00am	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	
	11:00am		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	
	12:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Induction 30min	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	1:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	2:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	3:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	4:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)
	5:00pm	Reformer Pilates 60min (Virtual)		Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	6:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
	7:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)		
8:00pm	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)	Reformer Pilates 60min (Virtual)				

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>IN- PER SON</b>	7:00am			Reformer Pilates 45min (Bethany)				
	7:15am	Reformer Pilates 45min (Vanessa)						
	9:00am		Reformer Pilates 45min (Nadine)		Reformer Pilates 45min (Chame)			
	10:00am			Reformer Pilates 45min (Belle)		Reformer Pilates 45min (Belle)	Reformer Pilates 45min (Brett)	
	11:15am	Reformer Pilates 45min (Vanessa)						
	5:15pm		Reformer Pilates 45min (Robynne)					